## WALK'N'ROLL MULTIFUNCTIONAL WALKING STIC

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When walking up a mountain by using the walking sticks the whole body is in a constant motion. It's a proven fact that by using walking sticks 80% of your muscles are activated and your bliss hormones are in full effect.



To glide down a slope the single parts can be assembled easily to the Walk'N'Roll. The Walk'N'Roll allows you to ride down the mountain on forest ways in variable speeds with less friction on the joints.



The chance to ride down the mountain by wheels allows you longer hiking trips and a constant work out which improves your endurance and body condition.

The lightweight wheels and the steering as well as the footrests can easily be stowed in a backpack. This makes it very easy to carry them around.





WEIGHT: incl the sticks: 2 kg without sticks: 1,2 kg to carry around

The materials are used in the modern aviation technology.

This sporting gadget consists of 2 walking sticks, a steering and a braking device, which is operated by your hands.